



physicians' surgery center

Pain Pre-Visit Instructions

- **If you are actively sick with a fever or flu-like symptoms, please call us to reschedule.**
- **DO NOT eat or drink after 11:59pm the night before your procedure.** This includes no smoking, chewing gum, or eating mints. You may brush your teeth the morning of surgery, but **DO NOT** swallow any water.
- **Please bring your photo ID, insurance information and payment with you when you check in for surgery.**
- **Shower with antibacterial soap the morning of your procedure** to minimize the risk of infection. Avoid using lotions and powders.
- You will not be allowed to drive for at least 24 hours following your procedure; therefore, you will need a responsible adult (over the age of 18) to drive you home. **We ask your responsible party to remain at the surgery center or provide a cell number to contact them. This will allow your doctor or the clinical staff to provide instructions and information regarding your procedure and post-operative care if necessary.** Taxi, Uber or Lyft transportation is **NOT** permitted unless you are accompanied by a responsible adult.

MEDICATION INSTRUCTIONS:

- **If you are DIABETIC**, please **DO NOT** take **ANY** short-acting insulin or other diabetic medications on the morning of your surgery.
- **If you use inhalers for asthma** please bring them with you.
- Please **ONLY TAKE** blood pressure, cardiac, thyroid, anti-thyroid medications OR the medications approved by your physician or anesthesia provider the morning of your surgery **with a small sip amount of water.**
- Leave all valuables at home and wear loose comfortable clothing. No jewelry, perfume, makeup, or lotion.
- **DO NOT** consume alcohol 24 hours prior to surgery. **DO NOT** smoke 12 hours prior to surgery. These substances can cause you to have adverse reactions to anesthesia and medications.
- If you have an Advanced Directive/Living Will, you may bring a copy with you.
- If you have any questions regarding any of the above information, please contact the pre-op desk at 913-384-9600 Ext 1

3840 W 75th Street
Prairie Village, KS 66208

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